



DOCUMENTARY	HEALTH & LIFESTYLE	47 min.
	DEPRESSION	

## A MADMAN'S JOURNAL

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ENGLISH FRENCH

**Depression is a common, yet serious, illness that can affect anyone.** Depressive illnesses often interfere with normal functioning and cause pain and suffering not only to those who have a disorder, but also to those who care about them. Serious depression can destroy family life and leads to isolation. Although depression is a real medical illness, many people still mistakenly believe it is a personal weakness. Peer into one man's universe and learn more about Depression and how it is overcome.

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