



DOCUMENTARY	HEALTH & LIFESTYLE	52 min.
	OBSESSION	

## OBSESSIVE- COMPULSIVE DISORDER

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ENGLISH FRENCH

**One adult out of 40 currently has OCD, a medical brain disorder that causes problems in information processing.** OCD usually involves both obsessions and compulsions. Meet with people who become excessive in hand washing, checking, collecting or ordering and arranging and see how this behaviour can affect their everyday life. Although some rituals may be part of daily life, it is only when the symptoms persist, make no sense, or interfere with functioning, that people need clinical attention. Find out what causes OCD and how effective treatment for OCD can help most people regain a more satisfying life.

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